SNMA REGION IV

Winter 2017 Newsletter

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President’s Foreword:
"Region IV: Encouraging and Supporting SNMA’s future physicians in becoming today’s leaders"

Greetings Region IV! It is such an honor and a pleasure to serve as your 2016-2018 Region IV Director.

If you are interested in serving Region IV, please click HERE to find email addresses for the Regional Officers. They can explain their responsibilities and duties and direct you towards becoming a more integral part of Region IV. Furthermore, they can share with you all the treasures to be gained from participation and service in Region IV and the SNMA.

Thank you for visiting our Fabulous Region IV Website! We look forward to a successful year working with you!

Yours in Service,

Nadia Akhiyat

Yours In SNMA,

Nadia Akhiyat

Region IV Regional Director 2016-2018
CAMPBELL UNIVERSITY HOSTS THE NATIONAL LEADERSHIP INSTITUTE
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SNMA Region IV Members in Attendance - October 15, 2016
The Region IV **Student National Medical Association** Regional Leadership Institute was held October 15th at Campbell University School Of Osteopathic Medicine. The conference highlights included a "Health Disparities and Inequality in Medicine" session with Dr. Tiffany Lowe-Payne as well as invaluable Step 1 and Step 2 Study Tips from Dr. Yen-Ping Y Kuo. Thank you CUSOM for making the Region IV Regional Leadership Institute an unforgettable experience for pre-medical students and medical school students in our region. Also, special thanks to the Region IV Executive board and Brandis Moore, the president of the CUSOM SNMA chapter as all sessions and the regional business meeting made the conference an overwhelming success!

"The experiences we have here and networks we create are going to stick with us just as long as our educations.

- Regional IV Member

REGION IV RMEC

REGIONAL MEDICAL EDUCATION CONFERENCE 2016
AT WAKE FOREST SCHOOL OF MEDICINE
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On November 4-6th medical school students from Georgia, Alabama, the Caribbean, South Carolina, North Carolina, and Florida gathered together for RMEC 2016. Conference workshops included a necessary conversation about police brutality and
mental health, as well as a poignant speech by popular author and physician, Dr. Rahn Bailey. Other highlights include the evening banquet held at Forsyth Country Club featuring Cornell Wright, the Executive director of the North Carolina Office of Minority Health Disparities. Special thanks to co-Presidents Lauren West-Livingston and Tesia L. Oliver, Region IV Director Nadia Akhiyat, and all of the leaders who created a great conference experience!
Remembering Student Doctor Victoria McLean

Our hearts are with Wake Forest School of Medicine students, friends, and the family of Student Doctor Victoria McLean who passing has impacted so many. Ms. Victoria “Tori” McLean of the Class of 2019 passed away Monday, September 12, 2016.

Below is an excerpt from her obituary. We ask all SNMA students to take a moment to read about and remember an amazing student, friend, and woman:

Tori was born on January 6, 1992, in Raleigh, NC. She comes from a family with seven children, an as the eldest, she was the cornerstone for her younger siblings. Caring for her siblings was the root of her desire to care for others, and she described leaving her sibling behind to attend college as one of her biggest challenges.

Tori attended college at Appalachian State University in Boone, NC, where she received a Bachelor of Science in Biology with minors in Chemistry and Spanish. While at Appalachian, Tori was part of a leadership team that helped bring a church organization to campus, which is now one of the largest and most popular services on the entire campus.

After graduating from college, Tori matriculated to the Doctor of Medicine program at the Wake Forest School of Medicine as part of the Class of 2019. She was highly involved in campus activities, including the Student National Medical Association where she served as Co-Chair of Community Outreach overseeing the Project Teach program. Tori loved tutoring and mentoring the students in Project Teach and her light left an indelible mark on all that worked with her.

Tori was known by all as a leader and a friend, and she was often described by others as demonstrating perseverance, sacrifice, humility, and a great passion for the pursuit of medicine. Through sharing of her story as a person, a medical student, and a patient, she exemplified the values of our medical community. Tori’s journey has provided inspiration for us all.
Ross University Meets the Mission Through Mentoring

This past quarter, Ross University School of Medicine’s SNMA chapter was able to present local Dominican student, Noah Jules, with a $500 scholarship towards his future college tuition! The SNMA members at Ross University SOM also organized a “Mini Med School” where 50 local students were invited to the campus and give them a hands-on tour of the cadaver lab, wet lab and our medical emergency simulation room. Everyone is doing a great job serving the SNMA mission through mentoring, service, and academics at Ross University School of Medicine.
Brody School of Medicine’s Hurricane Relief Efforts  - - - - X

Throughout Region IV, there has been an overwhelming commitment to service over the past couple of months. SNMA chapters such as Brody SOM Student National Medical Association partnered up with Umoja Life and The Little Willie Center to provide Hurricane Matthew relief to Greenville, NC residents. SNMA students were able to take BP measurements for 40 people and recommend several individuals to the free health clinics in Greenville, NC. Thanks to all who have donated their time and resources today!
Immediately after Hurricane Matthews struck Eastern, NC Brody School of Medicine’s Student National Medical Association stepped in to organize donation drives and good distribution to the communities affected. On Friday, October 14, 2016 Student Doctors Tierra Simmons, Kristen Everett, and Requita Demery volunteered their time and services at The Salvation Army located in Greenville, NC. They collected goods donated from various places around the community, organized the goods, and distributed them to individuals in need.
DO Day of Compassion at GA-P COM
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On Tuesday October 18th, GA-P COM SNMA celebrated Kirksville’s “DO Day of Compassion” by asking students and faculty to wear yellow in remembrance of D.O. students and professors lost 12 years ago. The small ceremony highlighted the loss of 13 individuals in a plane crash in 2004. On October 19th, 2004, Flight 5966 crashed as it approached Kirksville Airport, killing 13 passengers and critically injuring two. Among the fatalities were six Osteopathic physicians and administrators from the Kirksville College of Osteopathic Medicine (KCOM) at A.T. Still University. GA-P COM’s SNMA asked students who wore yellow to pledge to “do something good this week and change the lives of those around you”. They exemplified SNMA’s purpose to serve their community around them.
Prioritizing the Community at Morehouse School of Medicine

On Saturday September 17th, Morehouse School of Medicine hosted its 3rd Annual Community Engagement Day. The event included health screenings, healthy food education, and workshops in addition to live music. SNMA members volunteered and engaged with various members of the community during the festivities.

Second year SNMA members discuss planning for one of the workshops at Community Engagement Day.

Also, on September 24th, Morehouse students organized the annual “First Look” program at Morehouse School of Medicine. The First Look program gives undergraduate pre-medical students an opportunity to learn more about medical school. The program includes a mock interview session, suture clinic, radiology exploration, and many other sessions. SNMA’s members at Morehouse School of Medicine are paving the way for their communities with these events!

Mentoring & Building at Wake Forest School of Medicine

Project Teach is a weekly tutoring program hosted throughout the year at Wake Forest School of Medicine where medical school students help local middle and high school students with their homework. Students also plan to host workshops to help the high school students prepare for life after high school, such as college preparation and/or vocational careers.
Additionally, members of the Wake Forest chapter got together on a Saturday morning in December to help construct a couple of houses with Habitat for Humanity! Some of the tasks they had to complete included, but weren't limited to power-sawing, crawl space insulation, putting down wood flooring and taking measurements. The unique experience allowed Wake Forest SOM members to bond with one another while doing some good for the community!
The Medical College of Georgia is Dedicated to Health

Not only does the SNMA chapter at the Medical College of Georgia volunteer, they also host activities for SNMA students’ mental health. For example, early this school year students prepared a “Yoga on the Yard” event to focus on the first year students. During this session, SNMA provided yoga mats, a yoga instructor and water for hydration along with one full hour of yoga. This was an opportunity to unwind and relax to remember it’s important to care for one’s self to be able to provide for others.

SNMA students also provide free 8th grade math tutoring every Monday and Wednesday at a local school in Augusta, GA, known as Murphy Middle School. Here, they lead the charge through mentoring and SNMA pipeline programs. Furthermore, during the whole month of October, SNMA at MCG sponsored an academic house food drive competition where 13 individual academic houses participated in this month long drive. They raised 378 canned goods and 406 pounds of food for their local community!
In another great partnership, medical school students teamed up during the week of October 3rd-7th and hosted a week long bone marrow registry drive event where members educated the public on the importance of being registered and how it can save lives. During this event they registered 57 new potential donors.

USF Lends a Helping Hand to Haiti - - - - X

Medical, nursing and pharmacy students from USF Health Morsani College of Medicine provided blood glucose and blood pressure screenings to people in need at a local “Haitian Health Fair”. Also, medical students trained in Retinal blindness prevention provided vision screenings for patients seen at the Health Fair.

(No pictures were submitted - I have contacted them)
Follow SNMA Region IV on Social Media: Have a submission?

Please send photos, short paragraphs of events, and other newsletter materials to region4it@snma.org to be included in the upcoming newsletter.

Region IV Twitter and Instagram is ACTIVE!

Please follow us on Twitter and Instagram!

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Instagram: @snmaregion4